Important guidelines for self-registration

Bachelor of Science Honours in Psychology Degree Programme
Academic Year 2026/2027

- This is a short guide for selecting courses without academic counseling. If you are competent in selecting the courses and if you are conversant with the system, you can complete your re-registration without academic counseling according to the instructions given in this guide.

- Please note that the student is the responsible person for his/her own course selection. **The Department of Psychology and Counselling will not take any responsibility** for your individual course selection.

- Take a printed copy of your recently downloaded (from MyOUSL) **RESULT HISTORY/ SHEET.**

- The following is available in your **RESULT HISTORY/ SHEET,**
  - **Resit –** Students who are eligible but failed to obtain a minimum pass mark at the Final Examination.

    Resit candidates need NOT re-register for the course at the subsequent registration.
  - **Repeat**
    - Students failing to obtain eligibility to sit the Final Examination for a course. Repeat students have to re-register for the relevant course in a subsequent year by repaying the tuition fee.
    - Students who obtained eligibility but failed at the final examination on both attempts were provided.
  - **Pending -**Final examination results have not been released yet for the course. You can select such courses during the add/drop period if necessary.

- The first step is to check your current progress. Carefully check your results sheet and mark already completed courses in the table (TABLE 01) given. Then, identify the courses and mark the courses you need to register for this academic year in the last column. Please consider the following when you select courses.

  - To complete the Bachelor of Science (Hons) in Psychology degree programme, you must complete a total of 120 credits from levels 3, 4, 5, and 6. It consists of 30 credits from level 3, 30 credits from level 4, 30 credits from level 5, and 30 credits from level 6.

- You can decide the number of credits you want to register for this academic year up to a maximum of 30 credits, based on your capacity and time available for studies.

- You are strongly advised to balance your credits between two semesters when selecting courses. Check the semester that offers each course given in Table 01.

- Finally, mark the courses you wish to register for this academic year with an 'X' in the first blank column of the **Re-registration Form (Without academic counselling)** and place your signature by agreeing that you take responsibility for your own course selection.

- If you have **not** completed the continuing education compulsory courses, you are advised to register and complete the particular courses within this academic year (2026/27)**.**

- For **Levels 5 and 6**, students are required to select one optional course per semester from two offered

courses. You must choose only **one** optional course per semester.

TABLE 01 – MARK YOUR PROGRESS BY COMPLETING THIS TABLE

LEVEL 3					
	COURSE CODE	**COURSE TITLE**	**CREDIT RATING**	**PRE-REQUISITES**	**MARK "X"**
Level 3- 1st Semester					
Compulsory	PLU3301	Introduction to Psychology	3	-	
	PLU3303	Motivation and Emotion	3	-	
	PLU3205	Academic Writing in Psychology	2	-	
	PLU3206	Communication & Study Skills for Psychology	2	-	
	PLU3307	Lifespan Development	3	-	
Level 3- 2nd Semester					
Compulsory	PLU3302	Personality & Individual Differences	3	-	
	PLU3204	Ethics in Psychology	2	-	
	PLU3308	Social Psychology	3	-	
	PLU3309	Introduction to Counselling Psychology	3	-	
	PLU3310	Biological Psychology	3	-	
	PLU3311	Cognitive Psychology	3	-	
Prerequisites to register for courses at Level 4: Minimum CR for 30 course credits of regular courses at Level 3 and for LTE3412/ LTE34LX and FDE3023					
LEVEL 4					
	COURSE CODE	**COURSE TITLE**	**CREDIT RATING**	**PRE-REQUISITES**	**MARK "X"**
Level 4- 1st Semester					
	PLU4301	Child Psychology	3		
	PLU4302	Abnormal Psychology	3		
	PLU4304	Brain and Behaviour	3	PLU3310(EL)	
	PLU4306	Schools of Thought in Psychology	3		
	PLU4310	Educational Psychology	3		
Level 4- 2nd Semester					
Compulsory	PLU4305	Language and Cognition	3	PLU3311(EL)	
	PLU4303	Introduction to Statistics in Psychology	3		
	PLU4307	Health Psychology	3	PLU3310(EL)	
	PLU4308	Industrial-Organizational Psychology	3		
	PLU4309	Research Methods in Psychology	3	PLU4303(CR)	
Prerequisites to register for courses at Level 5: Minimum CR for 30 course credits each of regular courses at Level 3 and 4, and for LTE3412/LTE34LX and FDE3023					
LEVEL 5					
	COURSE CODE	**COURSE TITLE**	**CREDIT RATING**	**PRE-REQUISITES**	**MARK "X"**
Level 5- 1st Semester					
Compulsory	PLU5301	Psychology of Adolescence	3	-	
	PLU5303	Learning Theory and Behaviour Modification	3	-	
	PLU5305	Advanced Research Methods & Statistics in Psychology	3	PLU4303(EL) & PLU4309(EL)	
	PLU5306	Clinical Psychology	3	PLU 4302(EL)	
Optional	PLU5309	Consumer and Media Psychology	3	-	
	PLU5310	Neuropsychology	3	PLU4304(C grade)	

Level 5- 2nd Semester					
Compulsory	PLU5307	Psychology of Aging and Death	3	-	
	PLU5308	Cross-Cultural Psychology	3	-	
	PLU5302	Mental Health and Psychosocial Well-being	3	-	
	PLU5304	Research Project Management	3	-	
Optional	PLU5311	Psychology and Law	3	-	
	PLU5312	Occupational Health Psychology	3	PLU4307 (EL)	
Prerequisites to register for courses at Level 6: Minimum CR for 30 course credits each of regular courses at Level 3, 4 and 5, and for LTE3412/LTE34LX and FDE3023.					
LEVEL 6					
	COURSECODE	**COURSE TITLE**	**CREDIT RATING**	**PRE- REQUISITES**	**MARK "X"**
Level 6- 1st Semester					
Compulsory	PLU6901	Research Dissertation**	9	PLU5305 (C Grade) and PLU5304 (EL)	
	PLU6303	Applied Psychology	3	-	
	PLU6306	Current Trends in Psychology(Advanced Seminar)	3	-	
Optional	PLU6307	Behavioural Genetics	3	PLU4304 (C Grade)	
	PLU6310	Psychology of Addiction	3	PLU4307 (C Grade)	
Level 6- 2nd Semester					
Compulsory	PLU6302	Internship (Work Placement)	3	PLU5304 (EL)	
	PLU6304	Advanced Counselling Practice	3	PLU3309 (C Grade)	
	PLU6305	Chronic Illnesses and Palliative Care	3	PLU4307 (C Grade)	
Optional	PLU6308	Psychology of Human Sexuality	3	-	
	PLU6309	Psychometrics	3	PLU5305 (C Grade)	

**** PLU6901 continues in both 1st Semester and 2nd Semester in Level 6.**

CR: Concurrent Registration; EL: Eligibility (Minimum OCAM of 40%)

Self-Re-Registration Package
Bachelor of Science Honours in Psychology Degree Programme
Academic Year 2026/2027

Name:

…….

Registration No:

LEVEL 3					
	COURSE CODE	**COURSE TITLE**	**CREDIT RATING**	**PRE-REQUISITES**	**MARK "X"**
Level 3- 1st Semester					
Compulsory	PLU3301	Introduction to Psychology	3	-	
	PLU3303	Motivation and Emotion	3	-	
	PLU3205	Academic Writing in Psychology	2	-	
	PLU3206	Communication & Study Skills for Psychology	2	-	
	PLU3307	Lifespan Development	3	-	
Level 3- 2nd Semester					
Compulsory	PLU3302	Personality & Individual Differences	3	-	
	PLU3204	Ethics in Psychology	2	-	
	PLU3308	Social Psychology	3	-	
	PLU3309	Introduction to Counselling Psychology	3	-	
	PLU3310	Biological Psychology	3	-	
	PLU3311	Cognitive Psychology	3	-	
Prerequisites to register for courses at Level 4: Minimum CR for 30 course credits of regular courses at Level 3 and for LTE3412/ LTE34LX and FDE3023					
LEVEL 4					
	COURSE CODE	**COURSE TITLE**	**CREDIT RATING**	**PRE-REQUISITES**	**MARK "X"**
Level 4- 1st Semester					
	PLU4301	Child Psychology	3		
	PLU4302	Abnormal Psychology	3		
	PLU4304	Brain and Behaviour	3	PLU3310(EL)	
	PLU4306	Schools of Thought in Psychology	3		
	PLU4310	Educational Psychology	3		
Level 4- 2nd Semester					
Compulsory	PLU4305	Language and Cognition	3	PLU3311(EL)	
	PLU4303	Introduction to statistics in Psychology	3		
	PLU4307	Health Psychology	3	PLU3310(EL)	
	PLU4308	Industrial-Organizational Psychology	3		
	PLU4309	Research Methods in Psychology	3	PLU4303(CR)	

Prerequisites to register for courses at Level 5: Minimum CR for 30 course credits each of regular courses at Level 3 and 4, and for LTE3412/ LTE34LX and FDE3023

LEVEL 5					
	COURSE CODE	**COURSE TITLE**	**CREDIT RATING**	**PRE-REQUISITES**	**MARK "X"**
Level 5- 1st Semester					
Compulsory	PLU5301	Psychology of Adolescence	3	-	
	PLU5303	Learning Theory and Behaviour Modification	3	-	
	PLU5305	Advanced Research Methods & Statistics in Psychology	3	PLU4303(EL) & PLU4309(EL)	
	PLU5306	Clinical Psychology	3	PLU 4302(EL)	
Optional	PLU5309	Consumer and Media Psychology*	3	-	
	PLU5310	Neuropsychology*	3	PLU4304(C grade)	
	* Select one optional course out of the above two.				
Level 5- 2nd Semester					
Compulsory	PLU5307	Psychology of Aging and Death	3	-	
	PLU5308	Cross-Cultural Psychology	3	-	
	PLU5302	Mental Health and Psychosocial Well-being	3	-	
	PLU5304	Research Project Management	3	-	
Optional	PLU5311	Psychology and Law*	3	-	
	PLU5312	Occupational Health Psychology*	3	PLU4307 (EL)	
	* Select one optional course out of the above two.				

Prerequisites to register for courses at Level 6: Minimum CR for 30 course credits each of regular courses at Level 3, 4 and 5, and for LTE3412 and FDE3023

LEVEL 6					
	COURSECODE	**COURSE TITLE**	**CREDIT RATING**	**PRE- REQUISITES**	**MARK "X"**
Level 6- 1st Semester					
Compulsory	PLU6901	Research Dissertation**	9	PLU5305 (C Grade) and PLU5304 (EL)	
	PLU6303	Applied Psychology	3	-	
	PLU6306	Current Trends in Psychology(Advanced Seminar)	3	-	
Optional	PLU6307	Behavioural Genetics*	3	PLU4304 (C Grade)	
	PLU6310	Psychology of Addiction*	3	PLU4307 (C Grade)	
	* Select one optional course out of the above two.				
Level 6- 2nd Semester					
Compulsory	PLU6302	Internship (Work Placement)	3	PLU5304 (EL)	
	PLU6304	Advanced Counselling Practice	3	PLU3309 (C Grade)	
	PLU6305	Chronic Illnesses and Palliative Care	3	PLU4307 (C Grade)	
Optional	PLU6308	Psychology of Human Sexuality*	3	-	
	PLU6309	Psychometrics*	3	PLU5305 (C Grade)	
	* Select one optional course out of the above two.				

**** PLU6901 continues in both 1st Semester and 2nd Semester in Level 6.**

	COURSE CODE	COURSE TITLE	CREDIT RATING	MARK "X"	OFFICIAL USE ONLY
Compulsory Courses					
1.	EGAP	English for Academic Purposes (EAP)	4		
	Elementary		Intermediate		Advanced (Optional)	
	LTE34LE		**LTE34LI**		**LTE34LA**	
	G.C.E. O/L examination (English) 'C' or lower grade Or G.C.E. A/L examination (General English) 'S' or lower grade		G.C.E. O/L examination (English) 'B' Grade and above Or G.C.E. A/L examination (General English) 'C' Grade and above Or G.C.E. A/L examination (English as a main subject) 'C' or 'S' Grade		G.C.E. A/L examination (General English) 'A' Grade Or G.C.E. A/L examination (English as a main subject) 'A' or 'B' Grade Or All other exceptions accepted by the Senate	
2.	FDE3023	Empowering for Independent Learning (EfIL)	0		

It is compulsory to register and pass **English for Academic Purposes (EAP) Intermediate Level** and **FDE3023 Empowering for Independent Learning (EfIL**) in the academic year 2026/27. Please note that EAP course codes have been updated as of the academic year 2026/27.

Carefully go through the required qualifications for each level of the EAP Course. (ANNEXURE 3)

- **Intermediate Level (LTE34LI):** This is the **faculty's expected level**. If you have the necessary qualifications, you can register directly for the Intermediate Level (**LTE34LI**).
- **Elementary Level (LTE34LE):** If you do not meet the qualifications for the Intermediate Level, you must first register for the Elementary Level. After completing it, you can progress to the Intermediate Level in the next academic year.
- **Advanced Level (LTE34LA):** This is an optional course. If you meet the entry requirements, you may register for LTE34LA and receive a certificate from the Open University of Sri Lanka upon completion.
- ·Students registered under previous EAP course codes (**LTE34** EGAP**) before the 2025/2026 academic year, including repeat and re-sit students, may directly register for **LTE34LI** to fulfil the English language requirement.

If you have not completed EAP (English for Academic Purposes) yet, please bring the relevant certificates for each above-mentioned level (G.C.E. O/L and G.C.E. A/L) on the day of registration to verify your English language proficiency.

Continuing Education Courses

By signing below, I confirmed that I will register for the courses I selected above on my own and follow the policies of the Department / University. I acknowledge that the Department of Psychology and Counselling will have no liability on the selection of courses.

Student's Signature: …….. Date:……..

Checked by: …….. Date: …….